

The Life Rooms Tour



Mersey Care
NHS Foundation Trust

Community and Mental Health Services



The Life Rooms is home to Mersey Care's Social Inclusion and Participation Team. This comprises a number of co-produced services including the Recovery College, volunteering services and pathways support.

It offers a community and social model of health in response to the wider determinants which impact on mental and physical health and wellbeing.

The Life Rooms provides safe spaces and welcoming environments, with access to community resources such as library services, computers and café facilities.

It offers support for those wanting to take the next steps in their life journey, whatever they may be.

We achieve this through connecting communities and resources through social prescribing to over 100 trusted partner organisations.

The model challenges standardised service provision. It consistently operates in the gaps between services, whether that be at early stages of distress, supporting individuals to manage conditions, or providing support to those far along on their recovery journey, where traditional services can drop off.



Your Life Rooms bespoke visit can take place on a date of your choice at Walton Life Rooms between 10.00am to 4.00pm. This offer would be ideal for teams, boards, directors or anyone wishing to establish a similar service. We can cater for up to 10 visitors.

You will meet with several members of the Senior Leadership Team, partner organisations and service users. We will share a presentation about our service, a tour of the building, an observation of best practice followed by a 60 minute Q&A session, refreshments and lunch.

You'll take away an information pack, detailing service specification, integration work, role specific job descriptions, details around co-production and partnership working, operational structures, updated research evaluation and service user experience information.

Tour agenda

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| 10.00am | Arrival, refreshments and introductions |
| 10.15am | Presentation by a member of the senior leadership team and a volunteer or service user |
| 11.15am | Guided tour |
| 11.45am | Service user story |
| 12.30pm | Lunch |
| 1.00pm | An opportunity to meet with individual members of the senior leadership team around recovery learning social prescription, research, operational issues, integration, partnership working (two 30 minute talks, please specify which areas you are interested in prior to visit) |
| 2.00pm | Taster session including recovery learning and social activity |
| 3.15pm | Refreshments, recap of day and questions and answers |

Travel by train to either Walton (0.4 miles) or Rice Lane (0.2 miles) train stations and the Life Rooms is a short walk from either station.

If arriving by car there is no designated car park but free parking is available on the road around the building.

To book onto this course via email to CommercialTeam@merseycare.nhs.uk providing details of your role, team, name and contact details and your place will be confirmed.